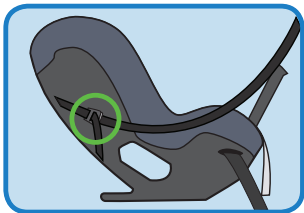


Step by Step

REAR-FACING CAR SEATS

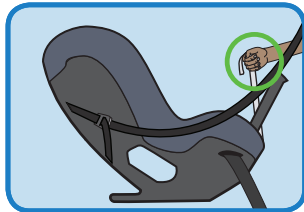
STEP 1 *Loosen the tether*



STEP 2 *Buckle child in*



STEP 3 *Tighten harness*



STEP 4 *Check harness is tight*



Only two fingers
under

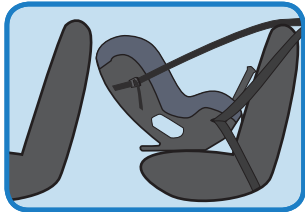


No pinch



Readjust at the back
(where possible)

STEP 5 *Tighten tether*



Step by Step

REAR-FACING CAR SEATS

STEP 1 *Loosen the tether*

- Loosen off the top tether

This makes it easier to get the child in and out of the car

STEP 2 *Buckle child in*

- Place the child into the restraint in their normal clothing (not swaddled or in bulky clothing)
- Do the buckle up one side of the harness at a time
- Make sure there are no twists in the harness

A twisted harness is dangerous and will make it harder to get the harness tight enough

STEP 3 *Tighten harness*

- Pull on the adjuster strap at the front of the seat
- Sometimes this can take more than one go

STEP 4 *Check harness is tight*

A Two fingers - you should only be able to fit two flat fingers at the most between the harness and the child

B Pinch test - you should **not** be able to pinch the harness together at the child's collarbone

C Retighten - with some rear-facing car seats you can pull the harness at the back of the seat to help make it tighter and then remove the slack with the adjuster strap at the front of the restraint

Make sure to loosen the harness every time you take the child out of the car seat

STEP 5 *Tighten tether*

- Remove slack from the top tether
- Make sure not to over tighten, this can cause the child restraint to be lifted up off the seat of the car