

Step by Step

Low-birth weight babies in the car

Correct



Incorrect



STEP 1 Crotch buckle low

STEP 4 Close and running across hips



STEP 2 Crotch buckle supporting the pelvis

STEP 5 Harness is tight



STEP 3 Harness level/slightly above shoulders

Only two fingers under

No pinch test



C

Readjust at the back
(where possible)

Step by Step

Low-birth weight babies in the car

Not all car seats are suitable for babies under 3-3.5kg. It's important to check where the harness and crotch buckle sit.

STEP 1 *Crotch buckle low*

- The crotch buckle should be low on the baby's pelvis, not up high on their chest or close to their neck

STEP 2 *Crotch buckle supporting the pelvis*

- The crotch buckle should be supporting the baby's pelvis instead of sitting far away from their crotch

STEP 3 *Harness level/ slightly above shoulders*

- The harness should be sitting level or slightly above the baby's shoulders

A harness that is too low or too high can either slip off the baby's shoulder or can mean the baby might come out of the restraint in a crash

STEP 4 *Harness close & running across hips*

- The harness should be close to and running up across the baby's hips (preferably tight against the hips) and not crossing up to the stomach or over the middle of the baby's thighs.

STEP 4 *Check harness is tight*

A Two fingers - you should only be able to fit two flat fingers at the most between the harness and the child

B Pinch test - you should **not** be able to pinch the harness together at the child's collarbone

C Retighten - with some infant carriers and rear-facing car seats you can pull the harness at the back of the restraint to help make it tighter and then remove the slack with the adjuster strap at the front

This step by step card should be used with either the infant carrier or rearward facing step by step card