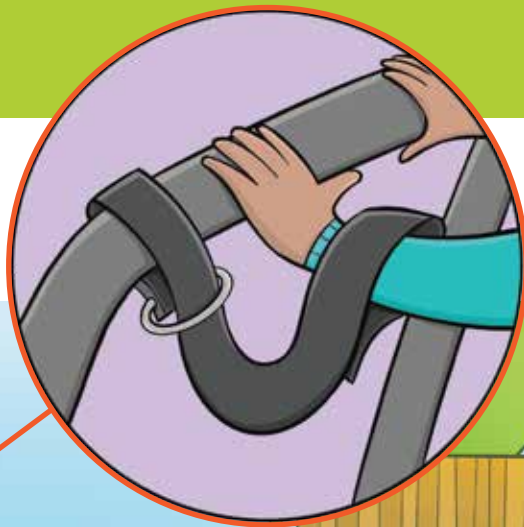




OUT AND ABOUT

Best practice advice when using your pram/stroller when out and about with your baby

- ✓ Always ensure to put the wrist strap around your wrist when using your child's pram



- ✓ Apply the brake when the pram is parked
- ✓ To avoid accidental falls, always use the harness webbing provided with your pram.
- ✗ Do not cover the pram with the baby inside.



OUT AND ABOUT

Best practice advice when using your baby capsule or child car seat



Remember:

Always take your child out of the car from the safety door, which is on the safe side away from traffic.

Car seats and capsules are designed for transport - not for sleeping.

- ✔ Baby should be sleeping on a flat firm surface like a cot.
- ✔ Give their little bodies a rest every 2 hours on longer trips.

